

Race Date  
August 04, 2019

Lake Erie Duathlon  
Age Group Results

**Open**

Female Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	4	Kelly Latimer	39	35	1	20:28.37	6:36	0:52.96	1	35:40.24	20.9	0:45.15	1	20:18.66	6:33	1:18:05.3	

Male Open Winners

<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>T1</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>T2</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Total</u>	<u>Time</u>
1	1	Mathew McClellan	45	33	1	17:05.52	5:31	0:57.81	1	31:31.59	23.6	0:47.36	1	19:01.38	6:08	1:09:23.6	

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Lake Erie Duathlon  
Age Group Results

Open

Male 19 and Under

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	3	Jason Seevers	64	17	1	18:29.73	5:58	1:08.24	1	37:12.28	20.0	0:42.68	1	20:12.17	6:31	1:17:45.1
2 *	24	Charlie Minor	47	14	2	22:31.30	7:16	1:36.07	2	42:59.66	17.3	1:36.87	2	21:42.87	7:00	1:30:26.7

Female 20 to 24

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	40	Emily Kulesza	38	24	1	26:42.90	8:37	1:38.50	1	43:29.58	17.1	1:09.55	1	28:47.95	9:17	1:41:48.4

Female 25 to 29

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	50	Brianne Misoff	48	29	1	28:04.00	9:03	1:33.55	1	48:12.07	15.4	1:33.81	1	27:51.77	8:59	1:47:15.2

Male 25 to 29

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	11	Ryan Taylor	72	27	2	22:26.41	7:14	0:43.51	2	39:42.69	18.7	0:35.39	1	23:02.34	7:26	1:26:30.3
2	21	Daniel Henry	23	28	1	20:00.93	6:27	1:28.30	3	42:52.74	17.4	1:15.67	2	24:06.17	7:47	1:29:43.8
3	23	Rudy Destefano	14	28	4	24:23.80	7:52	1:13.89	1	36:34.09	20.3	1:12.90	4	26:45.64	8:38	1:30:10.3
4	34	Trevor Colvin	10	27	3	24:23.16	7:52	0:40.19	4	44:49.52	16.6	0:49.56	3	26:44.25	8:38	1:37:26.6

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Age Group Results

Open

Female 30 to 34

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	12	Juliann Worden	83	32	1	23:36.20	7:37	0:55.77	1	38:12.38	19.5	0:47.59	1	23:22.19	7:32	1:26:54.1
2	38	Susan Kipp	36	32	2	27:00.15	8:43	1:53.49	2	42:06.43	17.7	1:53.56	2	28:18.78	9:08	1:41:12.4

Male 30 to 34

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	20	Matt Decker	13	31	1	22:29.57	7:15	1:13.62	1	38:41.09	19.2	1:31.74	1	25:23.18	8:11	1:29:19.2

Female 35 to 39

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	15	Brianne McClellan	44	39	2	23:36.09	7:37	1:03.82	1	37:25.94	19.9	1:00.76	1	24:10.41	7:48	1:27:17.0
2	29	Susannah Cafardi	8	37	1	23:34.29	7:36	1:33.04	3	42:30.92	17.5	1:26.86	2	25:25.32	8:12	1:34:30.4
3	41	Maryann Scholl	63	36	3	27:00.90	8:43	2:13.69	2	41:49.20	17.8	1:55.87	3	29:03.37	9:22	1:42:03.0
4	45	Lesley Kavala	32	36	5	28:02.78	9:03	1:34.14	4	43:41.38	17.0	1:50.77	5	29:47.61	9:37	1:44:56.6
5	51	Jamie Zewe	85	39	4	27:58.52	9:01	1:32.38	5	47:06.12	15.8	1:47.73	4	29:22.88	9:29	1:47:47.6
6	60	Jessica Yonley	84	35	6	29:09.57	9:24	1:35.13	6	48:38.33	15.3	1:33.48	6	34:45.92	11:13	1:55:42.4

Male 35 to 39

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

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Male 35 to 39

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	2	Brian Tillett	74	39	1	18:36.70	6:00	1:09.01	1	34:48.90	21.4	1:06.06	1	19:21.78	6:15	1:15:02.4
2	42	Justin Scholl	62	36	2	26:59.74	8:42	2:11.72	2	41:38.57	17.9	2:08.80	2	29:04.23	9:23	1:42:03.0
3	61	Chad Indorf	27	36	3	31:00.10	10:00	2:49.16	3	44:40.86	16.7	2:04.76	3	35:11.04	11:21	1:55:45.9

Female 40 to 44

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	5	Kelli Proctor	56	41	1	19:03.33	6:09	1:10.81	1	38:00.27	19.6	1:15.40	1	19:13.84	6:12	1:18:43.6
2	36	Kimberly Parenti	51	40	3	27:05.70	8:44	1:22.04	2	40:44.96	18.3	1:25.16	3	27:18.77	8:49	1:37:56.6
3	37	Rebekah Deal	12	41	2	24:31.02	7:55	1:15.48	4	47:37.46	15.6	1:18.73	2	26:18.91	8:29	1:41:01.6
4	49	Fonda Johnson	29	43	4	27:39.32	8:55	1:57.39	3	44:13.13	16.8	2:30.15	4	30:47.12	9:56	1:47:07.1

Male 40 to 44

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	7	Brian Hillen	24	42	1	22:16.19	7:11	1:15.13	3	36:36.19	20.3	1:12.06	1	22:50.77	7:22	1:24:10.3
2	9	Ira Bush	6	40	2	23:38.13	7:37	1:04.87	2	34:14.45	21.7	0:54.75	2	24:40.64	7:58	1:24:32.8
3	13	Matthew Wilcko	80	43	4	25:27.86	8:13	1:54.57	1	32:13.52	23.1	1:12.52	3	26:07.18	8:26	1:26:55.6
4	26	Steven Krauza	37	41	3	23:59.86	7:44	1:19.80	4	38:26.22	19.4	1:35.88	5	27:37.59	8:55	1:32:59.3
5	30	Greg Johnston	30	44	5	25:37.68	8:16	1:51.70	5	39:18.91	18.9	1:11.75	4	27:23.01	8:50	1:35:23.0
6	43	David Wierzchowski	79	44	7	30:13.02	9:45	2:03.26	6	41:54.26	17.8	2:12.52	6	27:50.26	8:59	1:44:13.3
7	53	Josh Raulerson	58	41	6	29:53.13	9:38	1:24.37	7	44:58.36	16.5	0:55.11	7	30:56.21	9:59	1:48:07.1
8	66	Samy Briner	3	44	8	32:25.43	10:28	2:42.81	8	51:40.92	14.4	2:15.14	8	36:10.85	11:40	2:05:15.1

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Lake Erie Duathlon  
Age Group Results

Open

Female 45 to 49

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	46	Phoebe Clemente	9	45	1	25:23.22	8:11	1:33.66	2	50:32.72	14.7	1:09.44	1	27:41.29	8:56	1:46:20.3
2	48	Jenn Wilcox	81	47	2	26:59.42	8:42	2:08.16	1	47:20.20	15.7	1:38.82	2	28:55.26	9:20	1:47:01.8

Male 45 to 49

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	6	Chad Beer	2	46	1	19:39.72	6:21	1:58.51	1	37:12.28	20.0	2:10.48	1	22:26.39	7:14	1:23:27.3
2	16	Christopher Hawes	22	46	2	23:38.87	7:38	0:46.30	2	37:30.91	19.8	0:56.23	2	24:39.88	7:57	1:27:32.1

Female 50 to 54

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	14	Laurie Thompson	73	54	1	22:40.16	7:19	1:40.29	1	37:13.57	20.0	1:22.02	1	24:02.35	7:45	1:26:58.3
2	62	Carole Winslow	82	54	3	31:42.31	10:14	2:48.65	2	48:49.19	15.2	2:21.39	3	34:30.73	11:08	2:00:12.2
3	63	Monicalynn Susantin	68	51	2	30:42.88	9:54	2:35.78	3	50:57.77	14.6	2:41.31	2	34:10.07	11:01	2:01:07.8

Male 50 to 54

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	8	Gary McFarland	46	52	1	21:10.03	6:50	1:30.29	1	37:22.33	19.9	1:18.31	1	22:56.56	7:24	1:24:17.5
2	27	Matt Stebick	65	51	2	23:43.97	7:39	2:20.36	2	39:31.99	18.8	2:23.46	2	25:29.03	8:13	1:33:28.8

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# Lake Erie Duathlon

## Age Group Results

### Open

#### Male 50 to 54

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
3	35	Jeff Platt	55	51	3	26:56.24	8:41	1:28.18	3	40:44.59	18.3	1:20.12	3	27:13.02	8:47	1:37:42.1
4	57	Joe Reiss	59	53	4	31:54.00	10:17	1:30.44	4	41:54.88	17.8	1:40.93	5	35:37.28	11:29	1:52:37.5
5	59	Louis Mazza	43	52	5	32:22.12	10:26	1:58.43	5	44:31.50	16.7	1:44.82	4	33:40.13	10:52	1:54:17.0

#### Female 55 to 59

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	10	Pamela Wassell	78	55	1	21:44.60	7:01	2:01.49	2	38:15.42	19.4	1:15.62	1	22:48.10	7:21	1:26:05.2
2	25	Loretta Nelson	50	59	2	25:09.43	8:07	1:36.56	1	36:23.56	20.4	1:26.45	2	27:08.03	8:45	1:31:44.0
3	33	Pamela Jewell	28	58	3	26:01.60	8:24	1:28.16	3	41:16.92	18.0	1:09.67	3	27:16.67	8:48	1:37:13.0
4	58	Joan Duckett	19	59	6	33:19.01	10:45	1:57.18	4	45:52.06	16.2	1:49.85	4	30:49.16	9:57	1:53:47.2
5	64	Tracey Rago	57	59	4	32:31.48	10:30	2:16.82	6	52:25.39	14.2	1:26.35	5	34:15.02	11:03	2:02:55.0
6	67	Deb Kiersarsky	34	55	5	32:31.77	10:30	2:16.13	5	50:48.77	14.6	1:46.79	6	40:16.88	13:00	2:07:40.3

#### Male 55 to 59

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
Place	Overall	Name	Bib No	Age	Rnk	Time	Pace	Time	Rnk	Time	Rate	Time	Rnk	Time	Pace	Time
1	17	Anthony Sakalousky	61	56	4	24:05.94	7:46	1:27.69	1	35:26.25	21.0	1:10.17	3	25:29.94	8:14	1:27:39.9
2	18	Denny Morell	49	55	3	24:00.63	7:45	1:35.61	2	36:09.77	20.6	1:21.65	1	24:42.11	7:58	1:27:49.7
3	19	Steve Stoddard	66	55	2	22:59.83	7:25	1:18.86	3	37:10.70	20.0	1:00.46	4	25:30.65	8:14	1:28:00.5
4	28	Tony Ruth	60	58	1	22:28.08	7:15	1:47.69	7	43:44.56	17.0	1:14.44	2	24:52.69	8:02	1:34:07.4
5	31	Mark Dewolf	16	55	5	25:08.26	8:07	2:07.84	4	41:57.20	17.7	1:54.77	5	25:37.17	8:16	1:36:45.2
6	39	Jim Kipp	35	56	6	27:00.28	8:43	1:53.78	5	42:04.29	17.7	1:56.07	6	28:18.29	9:08	1:41:12.7

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Open

Male 55 to 59

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
7	52	Terry Lawrence	41	59	8	28:05.93	9:04	2:44.73	6	43:13.59	17.2	3:12.80	9	30:32.95	9:51	1:47:50.0
8	54	John Lauer	40	55	9	30:36.50	9:52	1:55.20	8	46:01.58	16.2	1:09.24	8	29:26.46	9:30	1:49:08.9
9	55	Jeffrey Perz	53	57	7	27:06.19	8:45	1:44.58	9	50:12.72	14.8	1:44.28	7	29:16.53	9:27	1:50:04.3
10	69	Chuck Susanin	67	59	11	35:42.15	11:31	1:48.75	10	52:57.43	14.0	1:36.59	10	37:50.71	12:12	2:09:55.6
11	71	Anthony Brown	5	57	10	34:31.32	11:08	1:31.74	11	52:58.94	14.0	1:19.14	11	44:35.61	14:23	2:14:56.7

Female 60 to 64

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	70	Barbara Ford	21	60	1	32:20.38	10:26	1:36.00	1	1:00:24.6	12.3	1:46.86	1	37:41.41	12:09	2:13:49.2

Male 60 to 64

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	32	Jack Daneri	11	60	1	25:28.45	8:13	1:29.27	1	42:33.52	17.5	1:02.64	1	26:14.18	8:28	1:36:48.0
2	56	William Joint	31	61	3	30:39.82	9:53	1:50.10	2	42:37.54	17.5	1:29.95	3	33:37.50	10:51	1:50:14.9
DQ	DQ	Donald Dewolf	15	60	2	29:20.90	9:28	1:42.46	DQ	45:19.80	16.4	1:12.80	2	33:05.67	10:41	1:50:41.6

Female 65 to 69

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>

Race Date  
August 04, 2019

Lake Erie Duathlon  
Age Group Results

Open

Female 65 to 69

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	44	Sherry Mason	42	66	1	29:19.36	9:28	1:36.94	1	40:41.34	18.3	1:31.40	1	31:17.36	10:06	1:44:26.4

Male 65 to 69

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1	22	James Pike	54	67	1	24:31.33	7:55	1:20.00	1	35:11.98	21.1	1:25.35	1	27:21.69	8:50	1:29:50.3
2	68	Dave Duckett	18	65									2	2:08:34.7	41:29	2:08:34.7

Female 70 and Over

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	47	Trill Dreistadt	17	70	1	29:15.57	9:26	1:35.35	1	44:47.22	16.6	1:07.26	1	29:53.00	9:38	1:46:38.4

Male 70 and Over

Place			----- 5k Run -----			T1	----- Bike -----			T2	----- 5k Run -----			Total		
<u>Place</u>	<u>Overall</u>	<u>Name</u>	<u>Bib No</u>	<u>Age</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Rate</u>	<u>Time</u>	<u>Rnk</u>	<u>Time</u>	<u>Pace</u>	<u>Time</u>
1 *	65	Bill Tobin	75	70	1	35:36.02	11:29	2:41.91	1	45:08.47	16.5	2:20.56	1	38:43.92	12:30	2:04:30.8
2 *	72	Jerry Cafardi	7	72	2	40:26.70	13:03	3:17.73	2	55:37.03	13.4	1:58.30	2	48:48.20	15:45	2:30:07.9