

Race Date  
July 23, 2016

Asbury Woods Ridge Run  
Age Group Results

**5k Race**

Female Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Lauren Zarger		26	62	15	23:16.1	7:30/M	
2	Heide Harrison	Mckean PA	36	19	17	23:20.5	7:32/M	0:04.4
3	Katie Lee	North Tonawanda NY	19	27	20	24:19.6	7:51/M	1:03.5

Male Open Winners

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1	Jeremy Greenberg	Fairview PA	38	17	1	18:02.4	5:49/M	
2	Alexander Zarger		27	63	2	18:49.3	6:04/M	0:46.9
3	Nick Post		17	69	3	19:02.3	6:08/M	0:59.9

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**5k Race**

Female 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Sarah Sweet	Erie PA	12	42	34	28:16.1	9:07/M	

Male 10 to 14

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Dylan Throop	Edinboro PA	13	43	4	19:50.5	6:24/M	
2 *	Hayden Butterfield		14	61	9	21:25.5	6:55/M	1:35.0
3 *	Joe Kurelowech		14	60	14	23:05.8	7:27/M	3:15.3
4	Toby Slage		13	58	16	23:18.6	7:31/M	3:28.1
5	Colden Lamb		10	52	37	29:16.5	9:26/M	9:26.0
6	Jacob Fiock		13	66	40	29:40.2	9:34/M	9:49.7
7	Daniel Locarnim		11	71	43	30:59.0	10:00/M	11:08.5

Female 15 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Megan Lee	North Tonawanda NY	19	28	29	25:36.0	8:15/M	

Male 15 to 24

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Austin Intrieri	Erie PA	16	23	6	21:09.3	6:49/M	
2 *	Trey Wewoski		15	57	8	21:20.8	6:53/M	0:11.5
3 *	Matt Frye	North Tonawanda NY	22	14	13	22:29.4	7:15/M	1:20.1
4	Tyler Burnell		15	54	21	24:26.5	7:53/M	3:17.2
5	Jordan Redinger	Fairview PA	17	38	23	24:34.2	7:55/M	3:24.9
6	Grant Filbek		15	59	26	25:17.6	8:09/M	4:08.3
7	Jackson Fiock		15	67	32	27:52.7	8:59/M	6:43.4
8	Ryan Sweet		15	65	41	30:05.9	9:42/M	8:56.6
9	Caleb King		15	68	42	30:47.9	9:56/M	9:38.6
10	Matt Dixon	Erie PA	23	9	63	38:46.6	12:30/M	17:37.3

Female 25 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Lea Baginski	Erie PA	38	2	22	24:26.9	7:53/M	
2 *	Kate Amatuzzo		31	72	24	24:36.4	7:56/M	0:09.5
3 *	Jessica Wroblewski	Erie PA	29	48	44	31:25.8	10:08/M	6:58.9

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Female 25 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
4	Kayla Slater	Erie PA	26	40	45	31:37.2	10:12/M	7:10.3
5	Michelle Olson	Erie PA	34	33	48	32:16.9	10:25/M	7:50.0
6	Deanna Fogleboch	Erie PA	37	12	51	33:25.8	10:47/M	8:58.9
7	Jessica Hull	Erie PA	25	22	53	34:29.5	11:07/M	10:02.6
8	Erika Ramsdell	Erie PA	31	37	54	34:50.8	11:14/M	10:23.9
9	Katie Publicover	Erie PA	25	35	55	34:52.1	11:15/M	10:25.2
10	Julie Daniels		29	49	57	35:57.2	11:36/M	11:30.3
11	Jennifer Allen Catellier	Erie PA	32	1	62	38:45.6	12:30/M	14:18.7

Male 25 to 40

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Hudson Harrison		31	55	5	20:07.5	6:29/M	
2 *	Dan Dreyfus	Erie PA	31	11	30	25:37.9	8:16/M	5:30.4
3 *	Rodger Dobry	Erie PA	35	10	33	28:04.3	9:03/M	7:56.8
4	Joshua Stanford	Erie PA	27	41	50	32:54.7	10:37/M	12:47.2
5	Christopher Graves	Erie PA	26	16	52	33:51.7	10:55/M	13:44.2
6	Russ Daniels		29	50	56	35:51.3	11:34/M	15:43.8

Female 41 to 60

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Debbie Mizikowski		59	70	39	29:33.4	9:32/M	
2 *	Renee Uht	Erie PA	49	45	46	31:38.5	10:12/M	2:05.1
3 *	Sandy Jordano	Erie PA	51	24	47	32:04.5	10:21/M	2:31.1
4	Desiree Davis	Girard PA	50	8	49	32:48.0	10:35/M	3:14.6
5	Elizabeth Bradley	Erie PA	49	3	58	35:58.1	11:36/M	6:24.7
6	Paula Queen	Dublin OH	49	36	59	36:03.4	11:38/M	6:30.0
7	Leslie Clark	Erie PA	50	6	61	37:44.0	12:10/M	8:10.6

Male 41 to 60

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Steve Mikos	North Tonawanda NY	53	32	7	21:10.3	6:50/M	
2 *	Keith Forrest	Collingswood NJ	50	13	10	21:30.2	6:56/M	0:19.9
3 *	Mike Cifelli	Erie PA	49	4	11	21:45.5	7:01/M	0:35.2
4	Mike Lawrence	Erie PA	52	25	12	21:57.4	7:05/M	0:47.1
5	Jeremy Bloeser		41	56	18	23:58.1	7:44/M	2:47.8
6	Christopher Hawes	Erie PA	43	20	19	24:10.7	7:48/M	3:00.4

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Male 41 to 60

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
7	Al Warner	Erie PA	59	46	25	24:37.8	7:56/M	3:27.5
8	George Clark	Erie PA	56	5	28	25:32.9	8:14/M	4:22.6
9	Ricardo Locarnini	Charles Town WV	54	30	31	26:58.3	8:42/M	5:48.0
10	Carl Triola		47	64	35	28:17.5	9:07/M	7:07.2
11	Terry Lawrence	Wattsburg PA	56	26	36	28:34.3	9:13/M	7:24.0
12	Chris Lamb		55	51	38	29:25.0	9:29/M	8:14.7
13	Brandon Womer	Canonsburg PA	51	47	60	36:53.1	11:54/M	15:42.8

Male 61 and over

<u>Place</u>	<u>Name</u>	<u>City</u>	<u>Age</u>	<u>Bib No</u>	<u>Overall</u>	<u>Time</u>	<u>Pace</u>	<u>Time Back</u>
1 *	Rod Brest		68	53	27	25:22.9	8:11/M	